National Bike to Work Day Friday • May 21, 2010

Riding to work in or from Carmel? Stop by the Monon Center at Central Park for a continental breakfast.

Breakfast Served from 6:30 AM to 9:00 AM

The Monon Center is conveniently located just north of 111th St. on the Monon in Central Park. Come fuel up in Carmel for your ride to work on this special day for bike riders. There will be ample bike parking while you enjoy a continental breakfast. If you can't ride your bike to the Monon Center drive your car and park it there while you ride to and from work. There will be park and ride availability for bike to work cyclists.

Sponsored by Central Indiana Commuter Services, The City of Carmel, and the Carmel Clay Parks & Recreation Department







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